

IN RECOGNITION OF MATERNAL MENTAL HEALTH
AWARENESS MONTH, WE INVITE YOU TO ATTEND

Thank you to our
generous sponsors:



The Perinatal Journey & the Professionals that Walk with Them



Friday, May 29, 2026
8:30am - 4:30pm

WeatherTech Raceway Laguna Seca
Hospitality Pavilion, Salinas



The Perinatal Journey and the Professionals that Walk with Them is a collaborative forum to bring together community organizations and healthcare professionals that work with the perinatal population to explore, learn, and discuss maternal mental health, perinatal substance use, and its overall impacts to the health and well-being of our families; from preconception through the first year postpartum.

TOPICS WILL INCLUDE:

- Intersectionality of Substance Use Disorder (SUD) and Maternal Mental Health, with Introduction of Supportive Strategies
- Traditional Healing Practices Among Indigenous Mexican Migrants
- Continuum of Care from Hospital to the Community

Limited seats! Register by April 27.

- No cost registration
- Simultaneous Spanish interpretation
- Lunch provided



SCAN TO REGISTER

bit.ly/4dJpqOY

WHO SHOULD ATTEND?

All perinatal health professionals and community supporters, including clinicians, behavioral health providers, nurses, administrators, doulas, and anyone committed to improving maternal mental health.

QUESTIONS?

Contact nemethh@countyofmonterey.gov

The County of Monterey Health Department is approved by the California Board of Registered Nursing, Provider #17924, for 3 contact hours. Contact hours are free.

