

Hosted by:



Maternal Mental Health

# Community Awareness Walk



Friday, May 15, 2026

5:00pm Meet Up | 5:30pm Walk

Cesar Chavez Park, 945 Monterey Street, Soledad

## JOIN US—LET'S WALK TOGETHER!

Mamas Abogan invites you to join a community walk to raise awareness and reduce the stigma surrounding maternal mental health.



Visit our website to learn more:  
[brightbeginningsmc.org/mmhawareness](https://brightbeginningsmc.org/mmhawareness)



**COMIENZOS  
BRILLANTES**  
INICIATIVA PARA PROMOVER EL DESARROLLO INFANTIL

**BRIGHT  
BEGINNINGS**  
EARLY CHILDHOOD DEVELOPMENT INITIATIVE

In collaboration with the Monterey County  
Maternal Mental Health Task Force  
and Bright Beginnings Early Childhood  
Development Initiative.

