

Birth & Family Fair

& Community Awareness Walk



Saturday, May 2, 2026
11:00am-3:00pm

Alisal Integrated Health Center
331 N. Sanborn Road, Salinas



Learn about resources in our community for pregnancy, birth, postpartum and the parenting journey.

SOME OF THE AGENCIES ATTENDING

CHOMP, Salinas Valley Health and Natividad Hospitals, The Parent Center, Go Kids, Parenting Connection, Kween's Kounsel, Local Doulas, Family First Program, Parents as Teachers, San Andreas Regional Center & more!

DEMONSTRATIONS & ACTIVITIES

- Parent & Baby Circles
- Baby & Me Yoga
- How to Wear your Baby
- Lactation Support
- And More!

QUESTIONS?

Contact shauna@parentingconnectionmc.org

MAMAS ABOGAN INVITES YOU TO JOIN OUR ANNUAL COMMUNITY MATERNAL MENTAL HEALTH AWARENESS WALK IN SALINAS!

WHO Families, community members & partners are all welcome

WHEN 1:00pm

WHERE Designated meeting point during the fair

Walk Route: Around Alisal Integrated Health Center & along E. Alisal St.