## Your insights & ideas needed: MENTAL HEALTH SERVICES

**WHO IS INVITED:** Everyone who wants to voice their insights & ideas for ensuring Mental Health & Well-being for Monterey County residents.

**WHY ATTEND:** You can influence Mental Health priorities, services, and resources to improve the Well-being for you, your family, neighbors and others you care about.

**WHEN:** There are 5 Regional Forums scheduled. Choose what best works for your availability.

## Dates, Times, & Locations are noted below:

## **5 REGIONAL FORUMS**

- District 3 Oct. 28 6pm 7:30pm
  City of Greenfield, Council Chambers
- District I Nov. 4 6pm 7:30pm
  - MLK, Jr. Academy, Family Resource Center (Alisal Union School District)
- District 2 Nov. 6 5:30pm 7pm
  Castroville Library, Community Room
- District 4 Dec. 12 6pm 7:30pm • Oldemeyer Center, Seaside Room
- District 5 Dec. 18 6pm 7:30pm
  Monterey Peninsula College, Student Center

## **DETAILS**:

- These are free events.
  - Spanish
    language
    translation
    provided.
  - Child-friendly: children can read, quietly play in area near parents. Light
    - refreshments provid<mark>ed.</mark>

COME SHARE YOUR PERSPECTIVES & IDEAS For strengthening MENTAL HEALTH throughout Monterey County!

For more info, contact: Dana Edgull edgulldr@co.monterey.ca.us | 831-796-6100 MONTEREY COUNTY BEHAVIORAL HEALTH

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